



2010 BASKETBALL CHAMPIONSHIPS

Saturday February 20, 2010 at Richland High School

NEWS & NOTES

Bedford • Bishop Guilfoyle • Cambria Heights • Central Cambria • Forest Hills • Penn Cambria
Bishop Carroll • Bishop McCort • Johnstown • Richland • Somerset • Westmont

Past LHAC Winners:

Boys:

1993-94: Bishop McCort & Forest Hills
 1994-95: Central Cambria & Penn Cambria
 1995-96: Central Cambria
 1996-97: Bishop McCort
 1997-98: Bishop McCort & Central Cambria
 1998-99: Bishop McCort
 1999-00: Central Cambria
 2000-01: Westmont
 2001-02: Westmont def. Penn Cambria (45-33)
 2002-03: Penn Cambria def. Westmont (60-46)
 2003-04: Johnstown def. Central Cambria (66-45)
 2004-05: Bishop McCort def. Central Cambria (62-52)
 2005-06: Johnstown def. Central Cambria (86-70)
 2006-07: Westmont def. Central Cambria (78-49)
 2007-08: Central Cambria def. Bishop McCort (68-57ot)
 2008-09: Bishop McCort def. Cambria Heights (53-51)

Girls:

1993-94: Penn Cambria
 1994-95: Penn Cambria
 1995-96: Bishop McCort
 1996-97: Westmont
 1997-98: Central Cambria
 1998-99: Central Cambria
 1999-00: Richland
 2000-01: Richland
 2001-02: Richland def. Central Cambria (53-41)
 2002-03: Bishop Carroll def. Cambria Heights
 2003-04: Westmont def. Central Martinsburg (66-47)
 2004-05: Westmont def. Cambria Heights (64-31)
 2005-06: Westmont def. Central Martinsburg (48-36)
 2006-07: Westmont def. Central Martinsburg (56-46)
 2007-08: Bishop McCort def. Bishop Guilfoyle (47-39)
 2008-09: Bishop McCort def. Bishop Guilfoyle (34-24)

BEDFORD:

AD: Bruce Lightner
 Boys Coach: Mark Anderson
 Girls Coach: Pete Bordi

BISHOP CARROLL:

AD: Craig Sponsky
 Boys Coach: Cosie Aliquo
 Girls Coach: Dan Sammarco

BISHOP GUILFOYLE:

AD: Greg Snyder
 Boys Coach: Josh Baker
 Girls Coach: Mark Moschella

BISHOP McCORT:

AD: Fran Zima
 Boys Coach: Patrick Hollern
 Girls Coach: John Hahn

CAMBRIA HEIGHTS:

AD: Tom Boyle
 Boys Coach: Eric Nagle
 Girls Coach: Lee Stanek

JOHNSTOWN:

AD: Derrick Callihan
 Boys Coach: Neil Cobaugh
 Girls Coach: Chuck DiFalco

CENTRAL CAMBRIA:

AD: Ron Stempka
 Boys Coach: Steve Traino
 Girls Coach: Jana Klezak

RICHLAND:

AD: Fred Yanity
 Boys Coach: Tim Koshute
 Girls Coach: Ralph McGinnis

FOREST HILLS:

AD: Larry Celmar
 Boys Coach: Lance McGough
 Girls Coach: Carol Cecere

SOMERSET:

AD: Scott Close
 Boys Coach: Scott Close
 Girls Coach: Brian Coder

PENN CAMBRIA:

AD: Ernie Fetzer
 Boys Coach: Jim Ronan
 Girls Coach: Bruce Frycklund

WESTMONT:

AD: Kathy Masiello
 Boys Coach: Dave Roman Jr.
 Girls Coach: Jodi Hillegass

Conference President: Ron Stempka
 Website: <http://mccort.daj.k12.pa.us/athletics/lhac/index.htm>

Laurel Highlands Conference Girls Final Standings

SECTION 1: As of Friday February 19, 2010

School	Section	.Pct	LHAC	.Pct	Overall	.Pct
1. Bishop Guilfoyle	10-0	1.000	16-0	1.000	21-0	1.000
2. Forest Hills	7-3	.700	12-4	.750	16-6	.727
3. Cambria Heights	7-3	.700	12-4	.750	15-6	.714
4. Bishop Carroll	4-6	.400	7-7	.500	11-9	.550
5. Central Cambria	1-8	.111	3-12	.200	4-17	.190
6. Penn Cambria	0-9	.000	1-13	.071	4-16	.200

SECTION 2:

1. Bishop McCort	9-1	.900	14-2	.875	17-4	.810
2. Westmont	9-1	.900	11-5	.688	13-9	.591
3. Richland	5-5	.500	7-8	.467	8-13	.381
4. Somerset	4-5	.444	5-8	.385	8-11	.421
5. Johnstown	1-8	.111	2-13	.133	2-19	.095
6. Bedford	0-8	.000	0-14	.000	0-20	.000

Laurel Highlands Conference Boys Final Standings

SECTION 1: As of Friday February 19, 2010

School	Section	.Pct	LHAC	.Pct	Overall	.Pct
1. Central Cambria	8-2	.800	13-3	.813	16-6	.727
2. Forest Hills	7-3	.700	12-4	.750	15-7	.682
3. Cambria Heights	6-3	.667	9-5	.643	13-7	.650
4. Bishop Guilfoyle	4-6	.400	7-9	.438	7-14	.333
5. Penn Cambria	3-7	.300	6-9	.400	10-11	.476
6. Bishop Carroll	1-8	.111	2-12	.143	6-14	.300

SECTION 2:

1. Johnstown	9-0	1.000	14-1	.933	17-3	.850
2. Bishop McCort	7-2	.778	10-5	.667	12-7	.632
3. Westmont	5-5	.500	7-9	.438	11-11	.500
4. Richland	4-5	.444	6-9	.400	9-11	.450
5. Bedford	1-7	.125	2-11	.154	4-15	.211
6. Somerset	1-8	.111	1-12	.077	4-15	.211

LHAC Teams in the District Playoffs:

Monday February 22, 2010

District VI Playoffs at Hollidaysburg Junior High School:

GIRLS Class AA: Tyrone (4) vs. Richland (13), 6:00 pm
 GIRLS Class AA: Bishop McCort (5) vs. Bald Eagle (12), 7:30 pm

District VI Playoffs at Hollidaysburg Senior High School:

GIRLS Class AA: Cambria Heights (7) vs. Bellwood-Antis (10), 6:00 pm
 BOYS Class AA: Bellwood-Antis (7) vs. Penn Cambria (10), 7:30 pm

District VI Playoffs at Richland High School:

BOYS Class A: Penns Manor (4) vs. Bishop Guilfoyle (13), 7:30 pm

Tuesday February 23, 2010

District VI Playoffs at Central Cambria High School:

GIRLS Class AA: Central-Martinsburg (9) vs. Westmont (8), 6:00 pm
 BOYS Class AA: Westmont (8) vs. Richland (9), 7:30 pm

District VI Playoffs at Richland High School:

GIRLS Class A: Bishop Carroll (7) vs. Ferndale (10), 6:00 pm
 BOYS Class A: Harmony (5) vs. Bishop Carroll (12), 7:30 pm

Wednesday February 23, 2010

District VI Playoffs at Hollidaysburg Senior High School:

GIRLS Class AAA: Lewiston (4) vs. Somerset (5), 6:00 pm

District VI Playoffs at Richland High School:

BOYS Class AAA: Johnstown (3) vs. Forest Hills (6), 7:00 pm

Other Information:

Boys Class AA: Central Cambria #2 seed, Cambria Heights #3 seed, and Bishop McCort #5 seed (will play #4 seed Penns Valley, TBA)

Girls Class AAA: Forest Hills #2 seed (will play #3 Phillipsburg, TBA)

Girls Class A: Bishop Guilfoyle #1 seed



2010 LHAC Basketball Championships
Saturday February 20 Richland High School



Game 1—Boys Championship, 6 pm



Central Cambria Red Devils
 (16-6 overall, 13-3 LHAC)

#	Name	Cl.	Height	Position
11	Blake Bussard	Jr.	6-3	Forward
12	Ed Maruca	So.	5-7	Guard
13	Zac Rodkey	Jr.	6-0	Guard
14	Nate McKeel	Sr.	6-2	Guard/Forward
15	Zack Vigneault	Jr.	6-1	Guard
21	Tyler Melius	Jr.	5-11	Guard
22	Zach Woodley	So.	5-11	Guard
23	Derek Pavlosky	Jr.	5-11	Guard
25	Josh Bracken	So.	5-10	Guard
31	Robert Kimball	Jr.	5-10	Guard
33	Mitchell Brown	So.	5-7	Guard
42	Collin Russell	So.	6-3	Forward
44	Ryan Kinley	Jr.	6-2	Forward
45	Zac Ambrisco	Jr.	6-1	Forward
52	Caleb Handlon	Sr.	6-5	Forward
54	Brian Holsinger	Sr.	6-10	Forward

Head Coach: Steve Traino

D11	Blairsville *	Won, 69-36
D12	Conemaugh Township *	Won, 66-42
D16	at Richland	Won, 57-47
D18	SOMERSET	Won, 81-49
D21	at Hollidaysburg	Lost, 62-42
D22	CAMBRIA HEIGHTS	Won, 48-35
D26	Tyrone **	Won, 64-43
D27	Bishop Carroll **	Lost, 51-45
J6	BISHOP CARROLL	Won, 57-43
J12	at Bishop Guilfoyle	Won, 60-51
J15	PENN CAMBRIA	Won, 63-57
J20	at Westmont	Won, 55-47
J22	BEDFORD	Won, 57-36
J27	at Cambria Heights	Won, 50-42
J29	at Bishop Carroll	Won, 64-28
F1	CONEMAUGH VALLEY	Lost, 63-60
F3	FOREST HILLS	Won, 50-47
F5	BISHOP GUILFOYLE	Won, 56-40
F12	at Bishop McCort	Won, 58-47
F16	at Forest Hills	Lost, 74-49
F17	JOHNSTOWN	Lost, 71-35
F18	at Penn Cambria	Won, 59-43

* = Ron Davidson Tip-Off Tournament at C.Cambria
 ** = County Seat Holiday Tournament at B.Carroll



Johnstown Trojans
 (17-3 overall, 14-1 LHAC)

#	Name	Cl.	Height	Position
1	Mark Watson	So.	5-11	Guard
2	Philip Madison	Fr.	5-9	Guard
3	Quentin Brandin	So.	5-11	Guard
4	Dwight Andrews	So.	6-4	Forward
5	Kyfen Jones	Jr.	5-10	Guard
12	Calvin Anderson	Jr.	6-1	Forward
13	Isiah Haselrig	So.	6-3	Forward
15	Josh Konar	Sr.	5-10	Guard
20	Quayshawn Thompson	Sr.	6-5	Forward
21	Travis Williams	Sr.	6-1	Forward
22	Richard Agurs	Sr.	6-0	Guard
23	Alkwan Williams	So.	6-1	Forward
24	Cliff Eddins	Jr.	6-0	Guard
31	Rob Irving	Sr.	6-2	Forward

Head Coach: Neil Cobaugh

D11	Erie East *	Lost, 74-66
D12	Meadville *	Won, 64-62
D15	at Altoona	Lost, 44-40
D16	CAMBRIA HEIGHTS	Won, 69-48
D18	Tussey Mountain **	Won, 65-61
D19	Bishop McCort **	Won, 61-36
D21	at Bishop Guilfoyle	Won, 66-38
D22	at Richland	Won, 68-40
J12	BISHOP MCCORT	Won, 72-68
J13	at Westmont	Won, 58-51
J15	BEDFORD	Won, 72-25
J20	BISHOP CARROLL	Won, 67-36
J27	RICHLAND	Won, 71-40
J28	@Penn Cambria	Won, 64-50
J29	SOMERSET	Won, 77-40
F3	at Bishop McCort	Won, 69-63
F8	at Somerset	Won, 88-66
F12	FOREST HILLS	Lost, 75-73 ot
F15	WESTMONT	Won, 69-47
F17	at Central Cambria	Won, 71-35

* = Meadville Tip-Off Tournament at Meadville H.S.
 ** = UPJ Mountain Cat Tournament



2010 LHAC Basketball Championships
Saturday February 20 Richland High School



Game 2—Girls Championship, 8 pm



Bishop Guilfoyle Lady Marauders
 (21-0 overall, 16-0 LHAC)

#	Name	Cl.	Height	Position
10	Ali Williams	Sr..	5-11	Guard, Forward
11	Devin Stessney	Fr.	5-8	Guard, Forward
12	Kayla Bates	Fr.	5-9	Guard
15	Elyssa Ehredt	Fr.	5-7	Forward
22	Jade Miller	So.	5-5	Guard
23	Colleen Milliron	Sr.	5-7	Guard
24	Kate Meck	So.	5-11	Forward
30	Chelsea Kerr	Jr.	5-10	Forward
31	Jess Welteroth	So.	5-6	Guard, Forward
32	Kaleigh Floyd	Sr.	5-7	Guard
34	Kelsey Livoti	Jr.	5-9	Guard
35	Katlynn Wigman	Sr.	5-9	Forward
43	Melissa Wolfe	Sr.	5-10	Forward
44	Halee Adams	Fr.	5-7	Guard

Head Coach: Mark Moschella

Bishop Guilfoyle 2009-10 Schedule:

D11	Penns Valley *	Won, 56-29
D12	Northern Cambria *	Won, 62-49
D15	BISHOP McCORT	Won, 40-30
D18	at Johnstown	Won, 76-26
D22	at Bishop Carroll	Won, 51-30
D29	Hollidaysburg **	Won, 46-26
D30	Delone Catholic **	Won, 51-48
J5	PENN CAMBRIA	Won, 65-17
J8	CAMBRIA HEIGHTS	Won, 71-37
J13	at Central Cambria	Won, 70-45
J15	FOREST HILLS	Won, 60-39
J19	RICHLAND	Won, 53-23
J25	at Somerset	Won, 69-45
J26	BISHOP CARROLL	Won, 58-36
J29	at Penn Cambria	Won, 71-37
F2	at Cambria Heights	Won, 61-60
F12	WESTMONT	Won, 72-44
F13	CENTRAL CAMBRIA	Won, 52-24
F15	at Altoona	Won, 54-42
F18	at Forest Hills	Won, 51-49

* = Lady Marauder Tip-Off Tournament at B.Guilfoyle

** = Jim Ellis Holiday Tournament



Bishop McCort Lady Crushers
 (17-4 overall, 14-2 LHAC)

#	Name	Cl.	Height	Position
3	Jill Spisak	Jr.	5-8	Forward/Guard
4	Carissa Vyhonsky	So.	5-6	Guard/Forward
5	Samantha Schultz	Jr.	5-4	Guard
11	Haley Bridges	Jr.	5-4	Guard/Forward
12	Jill Kegg	So.	5-5	Guard
13	Emily Basile	Sr.	5-5	Guard
14	Malorie McIntosh	So.	5-3	Guard
15	Kristen Woznick	Sr.	5-5	Guard
20	Maranda McIntosh	Sr.	5-6	Guard/Forward
22	Casey Oleksak	Sr.	5-3	Forward
23	Leah Bridges	So.	5-4	Guard
24	Kelsey Illuzzi	So.	5-6	Forward
30	Lauren Woznick	So.	5-2	Guard
32	Brittany Boyd	Sr.	5-8	Forward
33	Halee Karashin	So.	5-0	Guard
34	Leah Pollino	So.	5-4	Guard
40	Larissa Swank	So.	5-11	Forward
41	Beth Sheridan	So.	5-4	Guard
42	Mary Woloschuk	So.	5-6	Forward

Head Coach: John Hahn

Bishop McCort 2009-10 Schedule:

D11	Northern Cambria *	Lost, 53-33
D12	Penns Valley *	Won, 48-33
D15	at Bishop Guilfoyle	Lost, 40-30
D22	at Bedford	Won, 51-18
D29	Mount Pleasant **	Won, 41-37
D30	Greenville **	Won, 40-25
J5	WESTMONT	Lost, 43-37
J13	at Richland	Won, 59-40
J15	SOMERSET	Won, 67-44
J18	ALTOONA	Lost, 60-49
J20	at Penn Cambria	Won, 62-29
J21	JOHNSTOWN	Won, 64-38
J25	FOREST HILLS	Won, 51-39
J27	BEDFORD	Won, 63-24
F1	at Westmont	Won, 61-43
F3	at Johnstown	Won, 53-41
F12	at Central Cambria	Won, 65-24
F15	BISHOP CARROLL	Won, 54-42
F16	RICHLAND	Won, 46-39
F17	CAMBRIA HEIGHTS	Won, 57-46
F19	at Somerset	

* = Lady Marauder Tip-Off Tournament at B.Guilfoyle

** = Cranberry Holiday Tournament



2010 LHAC Basketball Championships
Saturday February 20 Richland High School



A Look at the Previous Match-ups Between:
 Bishop McCort Lady Crushers and Bishop Guilfoyle Lady Marauders
 Central Cambria Red Devils and Johnstown Trojans

Game 1 Girls Recap
Bishop Guilfoyle 50 Bishop Mccort 40
at Bishop Guilfoyle High School
Tuesday December 15, 2009

SCORE BY QUARTERS

Bishop McCort	4	12	9	5	30
Bishop Guilfoyle	10	14	8	8	40

BISHOP MCCORT (30) : Basile 2 0-0 5, Boyd 1 0-2 3, McIntosh 0 0-0 0, Wozniak 1 0-0 3, Spisak 0 0-0 0, Kegg 4 3-4 12, Swank 3 1-1 7.
 Totals - 11 4-7 30.

BISHOP GUILFOYLE (40) : Williams 2 5-6 9, Floyd 2 1-2 7, Adams 3 6-6 12, Livoti 3 0-2 8, Ehredt 2 0-1 4, Bates 0 0-0 0, Stessney 0 0-0 0, Wigman 0 0-0 0. Totals- 12 14-15 40.

3-point goals: Bishop McCort 4 (Basile, Boyd, Woznick, Kegg); Bishop Guilfoyle 4 (Floyd 2, Livoti 2).

Game 1 Boys Recap
Johnstown 71 Central Cambria 35
at Central Cambria High School
Wednesday February 17, 2010

SCORE BY QUARTERS

Johnstown	16	21	16	18	71
Central Cambria	13	1	14	17	35

JOHNSTOWN (71) : Agurs 8 1-2 17, Eddins 5 4-4 15, Watson 5 0-0 12, A.Williams 4 0-2 8, Thompson 1 2-2 4, Konar 1 0-0 3, Haselrig 0 0-0 0, T.Williams 2 1-2 5, Madison 1 0-0 3, Irving 1 0-0 2, Jones 1 0-0 2, Brandon 0 0-0 0, Andrews 0 0-0 0, Anderson 0 0-0 0
 TOTALS: 29 8-12 71 [Assists—16, Watson 5; Reb.—33, Agurs 7]

CENTRAL CAMBRIA (35) : Vigneault 2 0-0 5, Rodkey 1 0-2 2, Pavlosky 1 1-2 3, Bussard 1 0-2 2, Handlon 3 0-2 6, Maruca 2 0-0 5, McKeel 1 0-0 2, Melius 0 0-0 0, Bracken 0 0-0 0, Kimball 0 0-0 0, Brown 1 0-0 2, Russell 0 0-0 0, Kinley 1 0-0 2, Ambrisco 2 1-2 5, Holsinger (DNP)
 TOTALS: 34 2-10 35 [Assists—12, Pavlosky 4, Reb.—22, Bussard 7]

3-point goals: Johnstown—5 (Watson 2, Eddins, Konar, Madison); Central Cambria—2 (Vigneault, Maruca).

BISHOP GUILFOYLE LADY MARAUDERS STATISTICAL LEADERS:

NO STATS PROVIDED.

BISHOP MCCORT LADY CRUSHERS STATISTICAL LEADERS:

Points Per Game: Emily Basile (12.6), Jillian Kegg (9.5)
3-Field Goal Made: Jillian Kegg (32), Emily Basile (24)
Free Throw Pct: Maranda McIntosh (74%), Emily Basile (69%)
Rebounds Per Game: Brittany Boyd (6.1), Jill Spisak (5.6)
Assists Per Game: Emily Basile (5.1), Jillian Kegg (2.4)
Steals Per Game: Jillian Kegg (2.8), Emily Basile (2.2)

JOHNSTOWN STATISTICAL LEADERS:

Points Per Game: Cliff Eddins (14.1), Richard Agurs (10.1)
3-Field Goal Made: Josh Konar (25), Mark Watson (22)
Free Throw Pct: Josh Konar (71%), Mark Watson (69%)
Reb. Per Game: Alkwan Williams (9.2), Quayshawn Thompson (7.8)
Assists Per Game: Mark Watson (5.2), Richard Agurs (4.6)
Steals Per Game: Richard Agurs (3.9), Cliff Eddins (3.0)

CENTRAL CAMBRIA STATISTICAL LEADERS:

Points Per Game: Brian Holsinger (14.2), Caled Handlon (13.5)
3-Field Goal Made: Zack Vigneault (41), Zac Rodkey (13)
Free Throw Pct: Caleb Handlon (71%), Zac Rodkey (64%)
Rebounds Per Game: Brian Holsinger (9.9), Caleb Handlon (7.0)
Assists Per Game: Zack Vigneault (5.3), Brian Holsinger (3.0)
Steals Per Game: Zack Vigneault (2.3), Zac Rodkey (1.6)

Team Statistical Comparison		
Category	Bishop Guilfoyle	Bishop McCort
Overall Record	21-0	17-4
Conference Record	16-0	14-2
Points Per Game	—	48.7
Opponent's Pts. Per Game	—	37.9
Field Goal Percentage	—	42.1%
Free Throw Percentage	—	58.2%
3-Point FG Made	—	85
Rebounds Per Game	—	30.5
Assists Per Game	—	12.8
Turnovers Per Game	—	13.9
Steals Per Game	—	10.4
All-Time Series Record: Bishop Guilfoyle leads 34-20		
LHAC Series Record: Bishop Guilfoyle leads 2-1		

Team Statistical Comparison		
Category	Johnstown	Central Cambria
Overall Record	17-3	16-6
Conference Record	14-1	13-3
Points Per Game	67.5	56.2
Opponent's Pts. Per Game	50.0	48.3
Field Goal Percentage	—	41.5%
Free Throw Percentage	57.1%	58.5%
3-Point FG Made	64	64
Rebounds Per Game	47.9	28.6
Assists Per Game	18.4	13.5
Turnovers Per Game	—	—
Steals Per Game	18.5	8.0
Blocked Shots Per Game	4.9	5.7